



Haslington Care Club Menu – Spring Term

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast (8.00am – 8.30am)	Toast and a variety of cereals and porridge	Toast and a variety of cereals and porridge	Toast and a variety of cereals and porridge	Toast and a variety of cereals and porridge	Toast and a variety of cereals and porridge
Afternoon Snack	Cheese/ham wraps and a yoghurt and fruit	Spaghetti/beans on toast and fruit	Tomato pasta with cheese and yoghurt	Spaghetti/beans on toast and fruit	Pizza with carrot sticks and a biscuit

Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast (8.00am – 8.30am)	Toast and a variety of cereals and porridge	Toast and a variety of cereals and porridge	Toast and a variety of cereals and porridge	Toast and a variety of cereals and porridge	Toast and a variety of cereals and porridge
Afternoon Snack	Spaghetti/beans on toast and a biscuit	Cheese/ham wraps and a yoghurt and fruit	Pizza with carrot sticks and a biscuit	Tomato pasta with cheese and yoghurt	Spaghetti/beans on toast and a biscuit

- All breakfast and snacks to be served with a choice of milk, water or juice. Porridge to be served plain or with honey. Maize snacks/crisps to be served with some afternoon wraps.