



## Haslington Care Club Menu – Autumn Term

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Breakfast</b> (8.00am – 8.30am)	Toast and a variety of cereals and porridge	Toast and a variety of cereals and porridge	Toast and a variety of cereals and porridge	Toast and a variety of cereals and porridge	Toast and a variety of cereals and porridge
<b>Afternoon Snack</b>	Cheese/ham wraps and a yoghurt	Spaghetti/beans on toast and fruit	Tomato pasta with cheese and yoghurt	Spaghetti/beans on toast and fruit	Pizza with carrot sticks and a biscuit

Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Breakfast</b> (8.00am – 8.30am)	Toast and a variety of cereals and porridge	Toast and a variety of cereals and porridge	Toast and a variety of cereals and porridge	Toast and a variety of cereals and porridge	Toast and a variety of cereals and porridge
<b>Afternoon Snack</b>	Spaghetti/beans on toast and a biscuit	Tomato pasta with cheese and yoghurt	Pizza with carrot sticks and a biscuit	Tuna pasta and sweetcorn	Spaghetti/beans on toast and a biscuit

- All breakfast and snacks to be served with a choice of milk, water or juice. Porridge to be served plain or with honey. Maize snacks/crisps to be served with some afternoon wraps.